



[Enneagram – 9 LEVELS For Type 3](#)

T9	AVERAGE "I accommodate, seek comfort, wool-gather, am resigned"		
TYPE 9 Enneagram LEVELS of Mental Health			
4	<p><i>Desire</i> to avoid conflicts by acquiescing to others. "Inner Sanctum"</p> <p><i>Prove self-image</i> through Social Role of 'Nobody Special' - modestly camouflaged in the background, to not inconvenience anyone</p>	<p>Fear conflicts, so become self-effacing and accommodating, idealizing others and "going along" with their wishes, saying "yes" to things they do not really want to do. Fall into conventional roles and expectations. Use philosophies and stock sayings to deflect others.</p>	<p><i>Tend to</i> withdraw into imagination to intensify sense of peace and harmony, & to avoid conflicts or self-assertion.</p> <p>ARE: Agreeable, conventional, accommodate, dutiful, excuse, fit in, idealize others, loyal, self-effacing: "I don't care, whatever you want is fine with me"</p>
Level of InterPersonal CONTROL		Disengaged Participant	
5	<p><i>Desire</i> to maintain the status quo.</p> <p><i>Insist</i> on being seen as a peaceful, easygoing person</p>	<p>Active - but disengaged, unreflective, inattentive. Don't want to feel, so become unresponsive, complacent, walking away from problems, "sweeping them under the rug." Thinking becomes hazy & obsessive, mostly with comforting fantasies. Emotionally lazy, won't exert self or focus on problems. Indifferent.</p>	<p><i>Manipulate</i> by "tuning out" pressure from others to change.</p> <p><i>Shadow Issue</i> of 'Sloth', which shows up when 9s resist change and don't develop their individuality.</p> <p>Are anxious, comfort-seeking, into routines, on autopilot,, passive-aggressive, stoical</p>
Level of OVER-COMPENSATION		Resigned Fatalist	
6	<p><i>Desire</i> to minimize the importance of problems in their world.</p> <p><i>Undermine others</i> by making them feel they have lost connection with the 9</p>	<p>Begin to minimize problems, appease others & need "peace at any price." Fatalistic, resigned - believe could be done to change things. Into wishful thinking & magical solutions. Others get frustrated & angry by their procrastination & lack of response.</p>	<p>ARE: Angry/short-tempered, apathetic, suppress, stubborn, unrealistic, wishful thinker Dismissive, indifferent: "Why bother - can't do anything about it anyway"</p> <p>DO: appease, deflect, ignore, minimize, make peace at any price</p>



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I WORK HARD & I want all the attention PREVIOUS: Type 2 Levels SITE: Type 3 overview LEVELS by TYPE (cont.)
TYPE 3 – ACHIEVERS Healthy Levels Door (geestelijk-emotioneel) te vertrekken en door zich passief-agressief te verzetten tegen anderen. Pagina 3. Kernkwaliteiten, valkuilen en allergieën. Elk type Here is a brief overview of the nine enneagram types. ... When 3's are in unhealthy levels, stressed, or not at their best they can be inauthentic, Type Three—Levels of Development Gentle and benevolent. Level 2: Self-assured, energetic, and competent with high self-esteem: they believe in themselves and their own value. ... Level 4: Highly concerned with their performance, doing their job well, constantly driving self to achieve goals as if self-worth depends on it.. Enfj, Mbti, Enneagram Type 3, Forced Love, Self Image, Self Acceptance. Article from acoarecovery.wordpress.com. Enneagram – 9 LEVELS of Type 3.. The Enneagram of Personality, or simply the Enneagram is a model of the human psyche which is principally understood and taught as a typology of nine interconnected personality types. ... A person with the Three personality type, for example, is understood to have points Two and Four as their wing types. The circle of the Jump to Moving Between Types - three unhealthy traits (his Levels 7, 8, 9). Each person moves within the levels of the type while also moving between types 9. People of this personality type essentially feel a need for peace and harmony. They tend to avoid conflict at all costs, whether it be internal or interpersonal.. The Achiever (Enneagram Type Three) is an energetic and extremely ... levels of stress, Threes disintegrate in the direction of the Nine, and TYPE 3 - ACHIEVERS Healthy Levels - Have Authenticity & Self-Acceptance. Able to inspire others as an example of personal excellence and What drives a Type Three to think, feel, and behave in particular ways? ... are Christ's beloved child, we will live more freely in his grace at the healthier levels. ... 16-page Workbook (overview of all 9 Enneagram Types with notes taken for you) Then put your energy and focus on your boundaries, your limits, and your priorities. ... Additional Key Themes for Reflection: Simply stop for a minute or so 3-4 times a day to ... Recall that the higher quality or virtue for type Nine is right action meaning ... REGISTER for David Daniels' Weekly, by-the-Season, ENNEAGRAM The 9 personality types of the enneagram fall into three categories: head, heart, ... Communication Three Levels of Learning One test is called the Enneagram, TYPE 3 - ACHIEVERS Healthy Levels - Have Authenticity & Self-Acceptance. Able to inspire others as an example of personal excellence and emotional honesty.. People with an enneagram type nine personality tend to be accepting, optimistic, and ... Type 1. Type 2. Type 3. Type 4. Type 5. Type 6. Type 7. Type 8. Type 9.. There are nine Levels of Development (not to be confused with the nine personality types). There are three levels in the "healthy" range (levels 1,2,3); three Type 9 - Mediator. Threes are feeling-based types, but they channel their emotional energy into getting things done. They take the initiative and work hard to describe the Enneatype 3, one of the possible nine types in the Enneagram. ... At healthy levels: Achievers are driven, kind and willing to lend a helping hand.. Introduction to the nine Enneagram types of Personality, motivations, fixations, core fears, virtues and vices. ... SELECT A TYPE TO EXPLORE 1 2 3 4 5 6 7 8 9 For ease of understanding, the 9 Levels are usually grouped into 3 groups as follows: Healthy – levels 1 through 3 (high functioning aspects of the type) Average – levels 4 through 6 (normal behaviours of the type) Unhealthy – levels 7 through 9 (deeply dysfunctional manifestations of the type) 634c1ba317

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